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Sous-vide (/ s uːˈvɪd /; French for "under vacuum") is a method of cooking in which food is placed in a plastic pouch or a glass jar and cooked in a water bath for longer than normal cooking times (usually 1 to 7 hours, up to 48 or more in some cases) at an accurately regulated temperature. The temperature is much lower than normally used for cooking, typically around 55 to 60 °C (131 ...

Sous-vide - Wikipedia

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Amazon.com: Sous Vide Supreme Demi Water Oven, Black, SVD

Joule is the smallest, most powerful sous vide tool available. It heats water faster than any other immersion circulator or precision cooker and holds the temperature with absolute accuracy to ensure perfect results every time.

Amazon.com: ChefSteps Joule Sous Vide, 1100 Watts, All

The word vegetable was first recorded in English in the early 15th century. It comes from Old French, and was originally applied to all plants; the word is still used in this sense in biological contexts. It derives from Medieval Latin vegetabilis "growing, flourishing" (i.e. of a plant), a semantic change from a Late Latin meaning "to be enlivening, quickening".

Vegetable - Wikipedia

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